April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Vanilla Yogurt, Fruit, & WGR Granola Parfait, Milk Baked Chicken, Carrots, Green Beans, ENR Cous-Cous, Milk	WGR Waffles, Bacon, Mandarin Oranges, Milk  Broccoli, Chicken, & Cheddar Soup (Vegetable IR), Vegetable Medley, ENR Focaccia Bread, Milk	WGR Cheerios, Diced Peaches, Milk  Sliced Ham w/ Cherry Glaze, Roasted Potatoes, Peas & Carrots, WGR Roll, Milk	WGR English Muffins w/ Peanut Butter, Bananas, Milk  Beef Spaghetti with WGR Noodles, Broccoli, Corn, Milk	5 WGR French Toast Sticks, Sausage, Tropical Fruit, Milk WGR Fish Nuggets w/Tartar Sauce, Carrots, Green Beans, ENR. Lemon Orzo Pasta, Milk	6 Continued Food Shortages may result in Substitutions
8 WGR Oatmeal Blueberry Cereal Bars, Peaches, Milk  Tuscan Kale, Sausage, & White Bean Soup (IR Vegetable), ENR Focaccia Bread, Green Beans, Milk	9 Scrambled Eggs, Bacon, Applesauce, WGR Toast, Milk GR Chicken Nuggets, Tater Tots, Sweet Corn, WGR Biscuit, Milk	10 WGR Pancakes, Sausage Patty, Bananas, Milk  Beef Pot Roast, Mashed Potatoes, Vegetable Medley, WGR Roll, Milk	11 WGR Bagel w/ Cream Cheese, Mixed Berries, Milk Turkey & Cheese Sandwich on WGR Bread, Green Salad, Roasted Cauliflower, Milk	No School Professional Development Day	13
15 Egg, Cheese & Sausage ENR Croissant Sandwich, Peaches, Milk Beef Chili & Cheese, WGR Cornbread Muffin, Green Beans, Carrots Milk	16 Blueberry Muffin, Bacon, Diced Pears, Milk  BBQ Chicken Meatballs, Sweet Potato Fries, Vegetable Medley, WGR Biscuits, Milk	17 WGR English Muffins w/ Peanut Butter, Mandarin Oranges, Milk  Pork Carnitas, Refried Beans, ENR Tortilla, Sweet Corn, Milk	18 WGR Rice Chex, Bananas, Milk Chicken & ENR Dumplings (IR Grain), Broccoli, Beets, Milk	19 WGR Waffles, Applesauce, Milk  Tuna Sandwich on WGR Bread, Green Salad, Ancient Grains Salad w/ Veggies, Milk	20

WGR Bagel w/Cream Cheese, Sausage Patty, Tropical Fruit, Milk Pork Posole w/ Hominy, Cauliflower, Green Beans, ENR Tortilla, Milk	WGR French Toast Sticks, Mixed Berries, Milk  WGR Fish Nuggets w/ Tartar Sauce, WGR Quinoa Rice Pilaf, Corn, Carrots, Milk	24 Vanilla Yogurt, Fruit, & WGR Granola Parfait, Milk Chicken Tacos, w/Cheese, Green Salad, Refried Beans, ENR Tortilla, Milk	25 Scrambled Eggs, Sausage, WGR Toast, Mandarin Oranges, Milk Beef w/Mushroom Sauce, Baked Potatoes, Carrots, WGR Roll, Milk	26 WGR Pancakes, Bacon, Peaches, Milk Pepperoni & Sausage Pizza on ENR Pizza Crust, Broccoli, Corn, Milk	27
Egg & Cheese Omelette, Bacon, Tropical Fruit  PB&J Tacos on WGR Bread, Tater Tots, Vegetable Medley, Milk	30 WGR Waffles, Peanut Butter, Bananas, Milk Chicken & Cheese ENR Quesadillas, Baked Beans, Green Salad w/ Cucumbers, Milk	Nutrition Facts  Cal. – Calories, Fat – Fat, Sod. – Sodium, Fib. – Fiber, Carb. – Carbohydrates  Full Nutrition Analysis for menu available upon request	Milk served to participants: Age 1 serve whole milk; ages 2 and older served 1% or fat-free milk	WGR = Whole Grain Rich HM = Homemade IR = In Recipe	

This institution is an equal opportunity provider.